The Germfighter’s Guide to COVID-19
With Activities and Puzzles
How to wash your hands

1. Water and soap
2. Palm to palm
3. Between fingers
4. Focus on thumbs
5. Back of hands
6. Focus on wrists

Sing the happy birthday song twice to make sure you have washed your hands long enough to kill all of the germs.
How to cover your cough

wrong!

better

best
Stay away from people who are sick

6 feet about the length of your bed
Stay home when you are sick
Ask your parents if you can help keep things clean
find the hidden words

cough
cover
tissue
mouth
elbow

germs
cough
cover
tissue
mouth
elbow
Help the soap get to the hand
copy the picture
find 9 differences

Turn the page upside down to see the answer
draw a face
find the one who is not covering their cough correctly
find 9 differences

Turn the page upside down to see the answer
coloring page